



*Pull up here to park,
perpendicular to other parking*



Enter here

Directions to 298 Maine Street, Brunswick

If you have trouble, my cell is 207-522-0708.

From 295

Take Exit 28 / US-1.

Stay straight on US-1/Pleasant Street for 1.5 miles.

You will come to a T-intersection with Maine Street.

Take a right onto Maine Street.

Follow Maine for a little less than 1 mile.

On the right, two houses past Warmings Market, look for “Wellness & Chiropractic, Anita Knopp” sign.

Parking is left of the house.

Pull up to the Reserved Parking sign on the barn and park there. It is reserved for you!

My office entrance is through the double glass doors.

From Route 196, Lewiston

Take 196 into Topsham and proceed until you come to intersection with Main Street. (Aroma Joe’s at the right)

Turn right onto Main Street.

Proceed 2.5 miles, into Brunswick.

On the right, two houses past Warmings Market, look for “Wellness & Chiropractic, Anita Knopp” sign.

Parking is left of the house.

Pull up to the Reserved Parking sign on the barn and park there. It is reserved for you!

My office entrance is through the double glass doors.

From US-1 South, Bath

In Brunswick, take the SR-24 / US-201 North exit, toward Brunswick/Topsham.

At the light, turn left onto Maine Street and proceed 1.2 miles.

On the right, two houses past Warmings Market, look for “Wellness & Chiropractic, Anita Knopp” sign.

Parking is left of the house.

Pull up to the Reserved Parking sign on the barn and park there. It is reserved for you!

My office entrance is through the double glass doors.